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The Burleson Public Library is working in conjunction with Certified Diabetes Educators (CDEs) to host free education sessions on diabetes management at the library. The next class is Thursday, Nov. 15, 1 p.m.-3 p.m., at 248 S.W. Johnson Ave. The educator is Suzanne Crabtree.

Those who attend this free session will learn what diabetes is; the importance of checking blood sugar levels; A1C and how it affects blood sugar; meal planning and exercise; medical tests; and types of medication that help manage blood sugar.

The sessions will take place in the library's conference room. Future dates for the sessions are on the third Thursday of the month – Dec. 20, Jan. 17, Feb. 21 and March 21.

For more information, please call 817-480-2876.