

August 7, 2013

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The City of Burleson is hosting a free Burleson Family Field Day on Saturday, Sept. 21, at Kerr Middle School. The event is 9 a.m.-noon. The school is located at 517 S.W. Johnson Ave.

The Field Day activities will be designed for school-age children, five and older. Parents are also encouraged to participate.

September is National Childhood Obesity Awareness Month. In Johnson County, 33 percent of the youth are considered overweight or obese. Burleson Family Field Day is part of a community-wide focus on improving health and to encourage everyone, young and older, to be active. The school with the highest percentage of participation from their campus will be named Field Day champions.

Sponsors for the Sept. 21 event include Texas Health Huguley, Burleson Be Healthy Initiative, and H-E-B Burleson.