

April 14, 2015

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Have you been pounding the pavement training for a 5K? Then sign up for the City's 4th annual Be Healthy Community 5K and Fun Walk, slated for Saturday, May 2, in Old Town Burleson.

You don't have to be a runner to have fun. The event includes a 1-mile Fun Walk. Register in advance, online, at <https://behealthy5k.athlete360.com/>, or register the day of the event. Race Day Registration is at 7 a.m. at the corner of Bufford and Bransom Streets, outside NORTHSTAR Bank (formerly Community Bank), at 201 W. Ellison St.

Registration is free for the 1-Mile Fun Walk and for 5K Youth (12 and under). For 5K participants who are 13 and older, online registration is \$20 and race day registration is \$30. T-shirts are included with the paid 5K registration. The 1-mile Fun Walk starts at 7:30 a.m. and the 5K run steps off at 8 a.m.

The 5K run is USA Track and Field (USATF) certified and will be professionally timed by Cox Racing Services (www.coxracing.com). The 5K will start on Bransom Street and go down Warren Street, Gregory Street, Irene Street, Hidden Creek Parkway, Lisa Street, Gardens Boulevard, Johnson Avenue, Tarrant Avenue, and end at Bufford Street. This is a 3.16 mile route.

The 1 mile Fun Walk will also step off from Bransom Street.

The event is sponsored by the City of Burleson, Texas Health Huguley Hospital, H-E-B, Burleson Independent School District, and the Johnson County Alliance for Healthy Kids. Proceeds from the event go to the City's Be Healthy Initiative.

To learn more about the City's Be Healthy Initiative, go to the Facebook page, <https://www.facebook.com/BeHealthyBurleson>. For more information about the Be Healthy Community 5K and Fun Walk call Jesse Elizondo at 817-426-9682 or email jelizondo@burlesontx.com.