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August 19, 2016

Sustainability - what is sustainability? It's a common question. Sustainability is caring for the environment by taking responsibility for what comes in and out of your home as a result of your lifestyle. But what does it look like? How do you begin? Recycling, water conservation, composting? If you have ever asked these questions, then join Hope Grows at 10 a.m. on Saturday, August 27, at Russell Farm Art Center, to learn some easy practices you and your family can begin doing immediately. This free, family oriented workshop will include a Look-At-My-Trash demonstration and activities for the kids too!

Hope Grows is a non-profit effort to empower communities by teaching diverse, sustainable gardening and organic recycling practices in rural and urban spaces. On September 3, Hope Grows will begin a Beginner's Gardening workshop series at the Russell Farm Art Center. All classes are 10 a.m. – 12 p.m.

Sept. 3: Gardening Basics
Sept. 10: Preparing Your Beds
Sept. 24: Planning Your Texas Garden
Oct. 1: Planting Your Garden
Oct. 8: Protecting Your Plants

Participants will learn step-by-step how-to plans, build and plant their own garden through hands-on demonstrations, which will include turning your grocery receipt into a garden plan, building a raised bed, and planting seeds; children are welcome to come and participate in their own hands-on programming too. Each workshop is family oriented and costs \$15 per adult; the children's activity is free. Sign up for the entire workshop series and pay a discounted fee of \$65 (5 workshops). Beds are available in the Russell Farm Community Garden and more will be built by the participants! Russell Farm is located at 405 W County Road 714.

Hope Grows looks forward to sharing these workshops with you and growing the Community at Russell Farm Art Center!

Register online at www.facebook.com/HopeGrowsOneGarden or email HopeGrowsGardens@gmail.com.