

# CERTIFICATIONS

**ISSA Certified Trainer**

## CONTACT INFORMATION

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# MILES LEWIS

**PERSONAL TRAINER**

## THE BRICK

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THE CITY OF  
**BURLESON**  
TEXAS

**Parks and  
Recreation**

## BIO

Hello! First & foremost I'd like to thank you for considering me to join you in your fitness journey. I moved here to TX from KS and attended SWAU where I received my Bachelors of Science. I then attended MSU where I attained my graduate degree in Sports Administration. If you're one of my clients, you know I have a compassionate spirit to make every training session an empowering and educational experience through health and wellness. The Brick is my home away from home, so I'm sure you'll see me often. I look forward to meeting you and helping you create & establish lifelong healthy habits.

